



THE UNIVERSITY OF ARIZONA

DRUG AND ALCOHOL INFORMATION

Policies and Sanctions, Health Risks,
and Resources

2026-2027

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Drug-Free Schools and Communities Act

In compliance with the Drug-Free Schools and Campuses Regulations (Education Department General Administrative Regulations Part 86) of the Drug-Free Schools and Communities Act, below is information regarding the drug and alcohol policies and sanctions of the University of Arizona, state and federal drug and alcohol laws and sanctions, health risks associated with drug and alcohol use, and support resources.

Policies, Laws, and Sanctions

The university prohibits the unlawful or unauthorized dispensation, distribution, manufacture, possession, sale, or use of controlled substances, illegal drugs, or alcohol on its property or as part of any of its activities. The university enforces all applicable drug and alcohol policies and regulations, including policies set forth by the [Arizona Board of Regents](#), and local, state, and federal laws.

A.R.S. Title 36, Chapter 28.1 – Arizona Medical Marijuana Act and A.R.S. Title 36, Chapter 28.2 – Responsible Adult Use of Marijuana permit individuals to possess and use limited quantities of marijuana. Due to the university's obligations under the Controlled Substances Act, the university, however, prohibits marijuana possession and use on campus except for use in medical research projects as authorized by applicable university or federal authorities, which may include the Food and Drug Administration, the Drug Enforcement Administration, and the National Institute on Drug Abuse.

University Policies and Sanctions

The university enforces and abides by Arizona Board of Regents and university policies and regulations listed below.

Arizona Board of Regents Drug and Alcohol Policies and Regulations:

- **5-108 Sale and Consumption of Alcoholic Beverages on Campus**
Authorization of the sale, service, or consumption of alcoholic beverages
- **5-303 Prohibited Conduct**
Prohibited conduct subject to disciplinary action applicable to employees and students including unauthorized use, possession, distribution, or possession for purposes of distribution of any controlled substance or illegal drug; restrictions on the sale or possession of alcoholic beverages; and smoking, the use of and the sale of tobacco products, and the use and sale of smokeless tobacco products
- **5-304 Sanctions**
Sanctions for violations of 5-303

- **5-308 Student Code of Conduct**

Code of conduct for students which includes prohibited conduct including unauthorized use, possession, or distribution of any controlled substance or illegal drug or possession of drug paraphernalia; violations of rules or laws governing alcohol, including consumption, distribution, unauthorized sale, or possession of alcoholic beverages; and smoking, the use of and the sale of tobacco products, including all electronic smoking devices

- **6-913 Drug Free Workplace**

Requirement to establish policies and programs to certify compliance with the Drug-Free Workplace Act of 1988 and its implementing regulations

University Drug and Alcohol Policies and Regulations:

- [Acknowledgement and Advertising on University of Arizona Web Pages Policy](#)
Parameters of acceptable acknowledgment of or advertising by non-university parties on university web pages
- [Alcohol Policy and Regulations](#)
Regulations regarding the use, possession, service, or sale of alcoholic beverages on university property
- [Classified Staff Rules of Conduct Policy](#)
Rules of conduct for classified staff employees including rules regarding smoking; consuming alcoholic beverages; being under the influence of alcoholic beverages; and being under the influence of, distributing, using, or possessing narcotics or controlled substances
- [College of Medicine – Phoenix Alcohol and Drug Screening Policy](#)
Policy and procedures for drug and alcohol testing for College of Medicine – Phoenix matriculation and clinical activities
- [College of Medicine – Tucson Drug and Alcohol Testing Policy](#)
Policy and procedures for drug and alcohol testing for College of Medicine – Tucson Training Program
- [College of Nursing Drug/Alcohol Test Policy and Procedures](#)
Policy and procedures for drug and alcohol testing for College of Nursing admission and clinical programs
- [Department of Intercollegiate Athletics Student-Athlete Handbook](#)
Rules for student-athletes including rules regarding the use of drugs prohibited by the NCAA; and the abuse of legally permitted substances including legally obtained alcoholic drinks, tobacco, prescription drugs, and other non-illegal substances
- [Fraternity and Sorority Programs Social Events Policy](#)
Requirements for fraternity and sorority events including requirements regarding alcoholic beverages
- [Good Samaritan Protocol](#)
Student and recognized student organization protocol for seeking assistance for intoxicated/impaired students

- [Hazing Policy](#)
Prohibition of hazing including criminal conduct related to alcohol and drug law violations
- [Housing and Residential Life Policies for Dorm Living](#)
Policies and procedures for students living in campus housing including policies regarding alcoholic beverages, drugs and paraphernalia, and tobacco
- [Product Licensing and Trademark Usage Policy](#)
Licensing requirements of products that bear university trademarks including prohibition of university trademarks in the promotion of alcohol, tobacco, or recreational drug products
- [Smoking and Tobacco Policy](#)
Prohibition of and exceptions for the use of products that contain tobacco or nicotine, including bidis, cigarettes, cigars, electronic smoking devices (such as e-cigarettes), hookahs, kreteks, pipes, water pipes, and all forms of smokeless tobacco
- [Sponsorship of Events by Alcoholic Beverage Corporations/Distributors Policy](#)
Alcoholic beverage policy in relation to joint advertising, sponsorships, and promotions where contractual relationships exist between the university and a vendor
- [Student Conduct Policy](#)
Application of Arizona Board of Regents Policies 5-308 Student Code of Conduct and ABOR 5-401 Student Code of Conduct Procedures
- [Student Worker Rules of Conduct Policy](#)
Rules of conduct for student workers, student residence hall assistants, and graduate assistants and associates, including rules regarding smoking; consuming alcoholic beverages; being under the influence of alcoholic beverages; and being under the influence of, distributing, using, or possessing narcotics or controlled substances
- [University Handbook for Appointed Personnel](#)
Policies, rules, and information for appointed personnel including requirements of adhering to Arizona Board of Regents and university drug and alcohol policies
- [University Staff Manual](#)
Policies, rules, and information for university staff including requirements of adhering to Arizona Board of Regents and university drug and alcohol policies
- [University Staff Standards of Professional Conduct Policy](#)
Standards of conduct for university staff including rules regarding smoking, vaping, and using tobacco products; consuming alcohol; working while under the influence of alcohol; and possessing, using, or working while under the influence of controlled substances

The university applies the following sanctions for employees for drug and alcohol violations: written warning (notification that further disciplinary action will ensue with failure to achieve satisfactory level of performance); restitution (payment for damages); disciplinary probation (specified timeframe in which improvement is required); disciplinary suspension (suspension without pay/temporary release from duty without pay); forfeiture (forfeiture of the right or expectation to an increase in pay, sabbatical leave, or summer employment for a definite period of time); and dismissal (termination of employment or nonrenewal of contract).

The university applies the following interventions and sanctions for students for drug and alcohol violations: parental notification letter (disclosure to parent/legal guardian of violation); written warning (advisement that violation has been committed and further misconduct may result in more severe disciplinary action); reflection/research paper (paper addressing behavior); workshops and classes (academic integrity, personal responsibility, alcohol, and/or drug courses); counseling (required consultation with Counseling and Psych Services); monetary sanction (non-refundable fee); community service (volunteer service with a non-profit organization in lieu of a monetary sanction); housing license agreement probation or termination (notice, warning, or termination of Housing and Residential Life agreement); probation (removal from good conduct standing); suspension (temporary separation from the university); or expulsion (permanent separation from the university).

Arizona Laws and Sanctions

The [Arizona Revised Statutes](#) can be found on the Arizona State Legislature website. Relevant statutes include [A.R.S. Title 4 – Alcoholic Beverages](#), [A.R.S. Title 13 – Criminal Code](#), and [A.R.S. Title 36 - Public Health and Safety](#). A.R.S. Title 13, chapters 6-9 include information regarding classification of offenses, sentencing, fines, and probation; chapter 12 includes information regarding hazing, including the coercion or force of the “consumption of any food, nonalcoholic liquid, alcoholic liquid, drug or other substance that poses a substantial risk of death, physical injury or emotional harm” ([A.R.S. § 13-1215](#)). A.R.S. Title 13, chapter 34 covers various drug offenses, including the possession and trafficking of controlled substances, and chapter 34.1 specifically addresses enhanced penalties and provisions related to drug trafficking. A.R.S. Title 36, chapters 27, 28.1, and 28.2, include the Controlled Substances Act, Arizona Medical Marijuana Act, and information on the use of marijuana.

Substance	Offense	Penalty
Alcohol	A.R.S. § 4-241(L) A person who is under the legal drinking age and who misrepresents the person's age to any person by	A.R.S. § 4-241(L) Class 1 misdemeanor

Alcohol (continued)	means of a written instrument of identification with the intent to induce a person to sell, serve, give or furnish spirituous liquor contrary to law	A.R.S. § 4-426(F) Fine of at least \$250
	A.R.S. § 4-241(M) A person who is under the legal drinking age and who solicits another person to purchase, sell, give, serve or furnish spirituous liquor contrary to law	A.R.S. § 4-241(M) Class 3 misdemeanor A.R.S. § 4-426(F) Fine of at least \$250
	A.R.S. § 4-241(N) A person who is under the legal drinking age and who uses a fraudulent or false written instrument of identification or identification of another person or uses a valid license or identification of another person to gain access to a licensed establishment	A.R.S. § 4-241(N) Class 1 misdemeanor A.R.S. § 4-426(F) Fine of at least \$250
	A.R.S. § 4-241(O) A person who uses a driver or nonoperating identification license in violation of subsection L or N of [A.R.S. § 4-241]	A.R.S. § 4-241(O) Subject to suspension of the driver or nonoperating identification license as provided in section 28-3309 A.R.S. § 4-426(A) Class 2 misdemeanor
	A.R.S. § 4-241(O) A person who does not have a valid driver or nonoperating identification license and who uses a driver or nonoperating identification license of another in violation of subsection N of [A.R.S. § 4-241]	A.R.S. § 4-241(O) Has the person's right to apply for a driver or nonoperating identification license suspended as provided by section 28-3309 A.R.S. § 4-426(A) Class 2 misdemeanor
	A.R.S. § 4-241(P) A person who knowingly influences the sale, giving or serving of spirituous liquor to a person under the legal drinking age by misrepresenting the age of such person or who orders, requests, receives or procures spirituous liquor from any licensee, employee or other person with the intent of selling, giving or serving it to a person under the legal drinking age	A.R.S. § 4-241(P) Class 1 misdemeanor

Alcohol (continued)	A.R.S. § 4-241(Q) A person who is at least eighteen years of age and who is an occupant of an unlicensed premises & knowingly hosts on the unlicensed premises a gathering of two or more persons who are under the legal drinking age and if the person knows that one or more of the persons under the legal drinking age are in possession of or consuming spirituous liquor on the unlicensed premises	A.R.S. § 4-241(Q) Class 1 misdemeanor
	A.R.S. § 4-244(9) A person under the legal drinking age to buy, receive, have in the person's possession or consume spirituous liquor	A.R.S. § 4-426(B) Class 1 misdemeanor A.R.S. § 4-426(D) Suspension of the privilege to drive of a person who is under eighteen years of age for a period of up to one hundred eighty days
	A.R.S. § 4-244(20) A person to consume spirituous liquor in a public place, thoroughfare or gathering	A.R.S. § 4-426(A) Class 2 misdemeanor
	A.R.S. § 4-244(34) A person who is under twenty-one years of age to drive or be in physical control of a motor vehicle while there is any spirituous liquor in the person's body	A.R.S. § 4-426(B) Class 1 misdemeanor
	A.R.S. § 4-244(41) A person who is under twenty-one years of age to have in the person's body any spirituous liquor	A.R.S. § 4-426(A) Class 2 misdemeanor
Controlled Substances	A.R.S. § 13-3453(A) It is unlawful for a person to manufacture, distribute or possess with intent to distribute an imitation controlled substance.	A.R.S. § 13-3453(C) Class 6 felony
	A.R.S. § 13-3453(D) Any person of the age of eighteen years or older who violates subsection A [of A.R.S. § 13-3453] with respect to any person under the age of eighteen years	A.R.S. § 13-3453(D) Class 5 felony

Dangerous Drugs	<u>A.R.S. § 13-3407(A)</u> A person shall not knowingly: 1. Possess or use a dangerous drug. 2. Possess a dangerous drug for sale. 3. Possess equipment or chemicals, or both, for the purpose of manufacturing a dangerous drug. 4. Manufacture a dangerous drug. 5. Administer a dangerous drug to another person. 6. Obtain or procure the administration of a dangerous drug by fraud, deceit, misrepresentation or subterfuge. 7. Transport for sale, import into this state or offer to transport for sale or import into this state, sell, transfer or offer to sell or transfer a dangerous drug.	<u>A.R.S. § 13-3407(B)</u> Class 1 misdemeanor to class 2 felony <u>A.R.S. § 13-3407(H)</u> A fine of not less than one thousand dollars or three times the value as determined by the court of the dangerous drugs involved in or giving rise to the charge, whichever is greater, and not more than the maximum authorized by chapter 8 of <u>[title 13]</u>
Drug Paraphernalia	<u>A.R.S. § 13-3415(A)</u> Except as provided in section 36-2852 and section 36-2853, subsection C, it is unlawful for any person to use, or to possess with intent to use, drug paraphernalia to plant, propagate, cultivate, grow, harvest, manufacture, compound, convert, produce, process, prepare, test, analyze, pack, repack, store, contain, conceal, inject, ingest, inhale or otherwise introduce into the human body a drug in violation of <u>[title 13, chapter 34]</u>	<u>A.R.S. § 13-3415(A)</u> Class 6 felony
	<u>A.R.S. § 13-3415(B)</u> Except as provided in section 36-2852 and section 36-2853, subsection C, it is unlawful for any person to deliver, possess with intent to deliver or manufacture with intent to deliver drug paraphernalia knowing, or under circumstances where one reasonably should know, that it will be used to plant, propagate, cultivate, grow, harvest, manufacture, compound, convert, produce, process, prepare, test, analyze, pack, repack, store, contain, conceal, inject, ingest, inhale or otherwise introduce into the human body a drug in violation of <u>[title 13, chapter 34]</u>	<u>A.R.S. § 13-3415(B)</u> Class 6 felony

Imitation Controlled Substances	A.R.S. § 13-3456(A) It is unlawful for any person to possess or possess with intent to use an imitation controlled substance.	A.R.S. § 13-3456(C) Class 2 misdemeanor
Imitation Over-the-Counter Drug	A.R.S. § 13-3458(A) It is unlawful for any person to possess or possess with intent to use an imitation over-the-counter drug.	A.R.S. § 13-3458(B) Class 2 misdemeanor
Imitation Prescription-Only Drug	A.R.S. § 13-3457(A) It is unlawful for any person to possess or possess with intent to use an imitation prescription-only drug.	A.R.S. § 13-3457(B) Class 2 misdemeanor
Marijuana	A.R.S. § 13-3405(A) Except as provided in sections 36-2852 and 36-2853, a person shall not knowingly: 1. Possess or use marijuana. 2. Possess marijuana for sale. 3. Produce marijuana. 4. Transport for sale, import into this state or offer to transport for sale or import into this state, sell, transfer or offer to sell or transfer marijuana.	A.R.S. § 13-3405(B) Class 6 to class 2 felony A.R.S. § 13-3405(D) A fine of not less than \$750 or three times the value as determined by the court of the marijuana involved in or giving rise to the charge, whichever is greater, and not more than the maximum authorized by chapter 8 of [title 13]
	A.R.S. § 36-2851(4) [Title 36, chapter 28.2] does not allow an individual who is under twenty-one years of age to purchase, possess, transport or consume marijuana or marijuana products.	
	A.R.S. § 36-2851(8) [Title 36, chapter 28.2] does not allow any person to: (a) Smoke marijuana in a public place or open space.	

Narcotic Drugs	A.R.S. § 13-3408(A) Except as provided in section 36-2850, paragraph 19, subdivision (b), section 36-2852 and section 36-2853, subsection C, a person shall not knowingly: 1. Possess or use a narcotic drug. 2. Possess a narcotic drug for sale. 3. Possess equipment or chemicals, or both, for the purpose of manufacturing a narcotic drug. 4. Manufacture a narcotic drug. 5. Administer a narcotic drug to another person. 6. Obtain or procure the administration of a narcotic drug by fraud, deceit, misrepresentation or subterfuge. 7. Transport for sale, import into this state, offer to transport for sale or import into this state, sell, transfer or offer to sell or transfer a narcotic drug.	A.R.S. § 13-3408(B) Class 4 to class 2 felony A.R.S. § 13-3408(J) A fine of not less than \$2,000 or three times the value as determined by the court of the narcotic drugs involved in or giving rise to the charge, whichever is greater, and not more than the maximum authorized by chapter 8 of [title 13]
Peyote	A.R.S. § 13-3402(A) A person who knowingly possesses, sells, transfers or offers to sell or transfer peyote	A.R.S. § 13-3402(A) Class 6 felony
Prescription-Only Drugs	A.R.S. § 13-3406(A) A person shall not knowingly: 1. Possess or use a prescription-only drug unless the person obtains the prescription-only drug pursuant to a valid prescription of a prescriber who is licensed pursuant to title 32, chapter 7, 11, 13, 14, 15, 16, 17, 21, 25 or 29 or is similarly licensed in another state. 5. Administer a prescription-only drug to another person whose possession or use of the prescription-only drug violates [A.R.S. § 13-3406]. 6. Obtain or procure the administration of a prescription-only drug by fraud, deceit, misrepresentation or subterfuge. 8. Possess or use a misbranded drug. 9. Manufacture, sell or distribute a misbranded drug.	A.R.S. § 13-3406(B) Class 2 to class 1 misdemeanor, or Class 6 felony A.R.S. § 13-3406(C) A fine of one thousand dollars

[A.R.S. § 4-101](#). 20. "Legal drinking age" means twenty-one years of age or older.

Misdemeanor	Maximum Sentence	Maximum Fine
Class 1	A.R.S. § 13-707(A) 6 months	A.R.S. § 13-802(A) \$2,500
Class 2	A.R.S. § 13-707(A) 4 months	A.R.S. § 13-802(B) \$750
Class 3	A.R.S. § 13-707(A) 30 days	A.R.S. § 13-802(C) \$500
See the Arizona Criminal Sentencing Charts and Authorities for complete sentencing information.		

Federal Laws and Sanctions

United States Code Title 21 – Food and Drugs includes laws and sanctions regarding controlled substances (see [21 U.S.C. § 802\(6\)](#) for the definition of “controlled substance”).

Penalties may include, but are not limited to:

- a “term of imprisonment of not more than 1 year” and a fine of “a minimum of \$1,000” or both ([21 U.S.C. § 844\(a\)](#)) for simple possession;
- forfeiture of property for violations “punishable by imprisonment for more than one year” ([21 U.S.C. § 853\(a\)](#));
- a fine and “a term of imprisonment of not less than one year” for “distributing, possessing with intent to distribute, or manufacturing a controlled substance in or on, or within one thousand feet of, the real property comprising a...public or private...university” ([21 U.S.C. § 860\(a\)](#)); and
- ineligibility for “assistance under any State program funded under part A of title IV of the Social Security Act” or “benefits under the supplemental nutrition assistance program (as defined in section 3 of the Food and Nutrition Act of 2008 (7 U.S.C. 2012)) or any State program carried out under that Act” for “any offense which is classified as a felony by the law of the jurisdiction involved and which has an element the possession, use, or distribution of a controlled substance” ([21 U.S.C. § 862a\(a\)](#)).

Federal Trafficking Penalties

Drug/Schedule	Quantity	Penalties	Quantity	Penalties
Cocaine (Schedule II)	500–4999 grams mixture	First Offense: Not less than 5 yrs, and not more than 40 yrs. If death or serious injury, not less than 20 or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual. Second Offense: Not less than 10 yrs, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual.	5 kgs or more mixture	First Offense: Not less than 10 yrs, and not more than life. If death or serious injury, not less than 20 or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual. Second Offense: Not less than 15 yrs, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual. 2 or More Prior Offenses: Not less than 25 years. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
Cocaine Base (Schedule II)	28–279 grams mixture		280 grams or more mixture	
Fentanyl (Schedule II)	40–399 grams mixture		400 grams or more mixture	
Fentanyl Analogue (Schedule I)	10–99 grams mixture		100 grams or more mixture	
Heroin (Schedule I)	100–999 grams mixture		1 kg or more mixture	
LSD (Schedule I)	1–9 grams mixture		10 grams or more mixture	
Methamphetamine (Schedule II)	5–49 grams pure or 50–499 grams mixture		50 grams or more pure or 500 grams or more mixture	
PCP (Schedule II)	10–99 grams pure or 100–999 grams mixture	100 gm or more pure or 1 kg or more mixture		
Penalties				
Other Schedule I & II drugs (and any drug product containing Gamma Hydroxybutyric Acid)	Any amount	First Offense: Not more than 20 yrs. If death or serious injury, not less than 20 yrs, or more than life. Fine \$1 million if an individual, \$5 million if not an individual.		
Flunitrazepam (Schedule IV)	1 gram	Second Offense: Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if not an individual.		

Other Schedule III drugs	Any amount	First Offense: Not more than 10 years. If death or serious injury, not more than 15 yrs. Fine not more than \$500,000 if an individual, \$2.5 million if not an individual. Second Offense: Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than \$1 million if an individual, \$5 million if not an individual.
All other Schedule IV drugs	Any amount	First Offense: Not more than 5 yrs. Fine not more than \$250,000 if an individual, \$1 million if not an individual.
Flunitrazepam (Schedule IV)	Other than 1 gram or more	Second Offense: Not more than 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if other than an individual.
All Schedule V drugs	Any amount	First Offense: Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual. Second Offense: Not more than 4 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.

Federal Trafficking Penalties – Marijuana

Drug	Quantity	1st Offense	2nd Offense*
Marijuana (Schedule I)	1,000 kg or more marijuana mixture; or 1,000 or more marijuana plants	Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual.	Not less than 15 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.
Marijuana (Schedule I)	100 kg to 999 kg marijuana mixture; or 100 to 999 marijuana plants	Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual.	Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$8 million if an individual, \$50 million if other than an individual.

Marijuana (Schedule I)	More than 10 kgs hashish; 50 to 99 kg marijuana mixture More than 1 kg of hashish oil; 50 to 99 marijuana plants	Not less than 20 yrs. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine \$1 million if an individual, \$5 million if other than an individual.	Not less than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual.
Marijuana (Schedule I)	Less than 50 kg marijuana (except 50 or more marijuana plants regardless of weight); 1 to 49 marijuana plants	Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual.	Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual.
Hashish (Schedule I)	10 kg or less	Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual.	Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual.
Hashish Oil (Schedule I)	1 kg or less	Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual.	Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual.
*The minimum sentence for a violation after two or more prior convictions for a felony drug offense have become final is not less than 25 years imprisonment and a fine up to \$20 million if an individual and \$75 million if other than an individual. (DEA Federal Drug Trafficking Penalties)			

See [21 U.S.C. § 812](#) for schedules of controlled substances, and [21 U.S.C. § 841\(b\)](#) for additional penalties. Additional, and the most up-to-date, information regarding the Controlled Substances Act of 1970 and federal trafficking penalties can be found on the [United States Drug Enforcement Administration \(DEA\) website](#).

Health Risks

There are many health risks associated with the abuse of alcohol and other drugs. The health consequences of substance abuse may be immediate and unpredictable, such as cardiac arrest with cocaine use, or more subtle and long term, such as liver deterioration associated with the prolonged use of alcohol. Substance abuse can adversely affect sleep, nutrition, and exercise. Alcohol and other drugs used in excess over time can produce dependence, disability, illness, and death. In addition to health-related consequences, substance abuse can cause accidents, injuries, decline in job performance, deterioration of the family structure, domestic violence, financial difficulties, and relationship problems.

Substance	Health Risk
Alcohol	
Alcohol	• Damage to the heart, liver inflammations, pancreatitis, & weakened immune system
Depressants	
Depressants (Common Examples: Ambien®, Lunesta®, Sonata®)	• Slurred speech, loss of motor coordination, weakness, headache, lightheadedness, blurred vision, dizziness, nausea, vomiting, low blood pressure, & slowed breathing • Amnesia (leaving no memory of events that occur while under the influence), reduced reaction time, impaired mental functioning and judgment, & confusion
Barbiturates (Common Examples: Amytal®, Seconal®)	• Impairment of memory, judgment, and coordination; irritability; & paranoid and suicidal ideation
Benzodiazepines (Common Examples: Ativan®, Centrax®, Dalmane®, Doral®, Halcion®, Klonopin®, Librium®, Paxipam®, ProSom®, Restoril®, Serax®, Tranxene®, Valium®, Versed®, Xanax®)	• Amnesia, hostility, irritability, & vivid or disturbing dreams
Hallucinogens	
Hallucinogens (Common Examples: Ecstasy/MDMA, LSD, Psilocybin Mushrooms)	• Elevated heart rate, increased blood pressure, dilated pupils, muscle weakness, lack of coordination, nausea & vomiting • Fear, depression, anxiety, paranoia, inability to discern fantasy from reality, & panic reactions and a psychotic-like episode

Marijuana	
Marijuana	• Decreased blood pressure, increased heart rate, dizziness, nausea, tachycardia, confusion, anxiety, paranoia, bronchitis, emphysema, bronchial asthma, & suppression of the immune system • Difficulty in thinking and problem-solving, hallucinations, impaired judgment, reduced coordination, & distorted perception
Narcotics	
Fentanyl (Common Examples: Abstral®, Actiq®, Duragesic®, Fentora®, Lazanda®, Subsys®)	• Confusion, drowsiness, dizziness, nausea, vomiting, urinary retention, pupillary constriction, & respiratory depression
Heroin	• Drowsiness, respiratory depression, constricted pupils, nausea, a warm flushing of the skin, dry mouth, & heavy extremities
Morphine (Common Examples: Kadian®, MS-Contin®, MSIR®, Oramorph SR®, RMS®, Roxanol®)	• Decrease in hunger, inhibition of cough reflex, cold and clammy skin, lowered blood pressure, sleepiness, slow breathing, & slow pulse rate
Oxycodone (Common Examples: OxyContin®, OxyIR®)	• Respiratory depression, constipation, papillary constriction, cough suppression, & liver damage
Steroids	
Steroids	• Shrinkage of the testicles, reduced sperm count, enlargement of the male breast tissue, sterility, & an increased risk of prostate cancer • High cholesterol levels, which may increase the risk of coronary artery disease, strokes, & heart attacks
Stimulants	
Amphetamines (Common Examples: Adderall®, Desoxyn®, Dexedrine®, Vyvanse™)	• Increased blood pressure and pulse rates, insomnia, loss of appetite, & physical exhaustion • Psychosis that resembles schizophrenia and is characterized by paranoia, picking at the skin, preoccupation with one's own thoughts, & auditory and visual hallucinations

Cocaine	• Increased blood pressure and heart rate, dilated pupils, insomnia, loss of appetite, irregular heartbeat, ischemic heart conditions, sudden cardiac arrest, convulsions, & strokes • Restlessness, irritability, anxiety, & paranoia
Methamphetamine	• Decreased appetite, rapid breathing and heart rate, irregular heartbeat, increased blood pressure, & hyperthermia (overheating) • Violent behavior, anxiety, confusion, insomnia, and psychotic features including paranoia, aggression, visual and auditory hallucinations, mood disturbances, & delusions
Sources: NIH Alcohol's Effects on the Body & U.S. Drug Enforcement Administration Drug Fact Sheets	

The following resources also provide information on the health risks associated with substance abuse:

[Campus Drug Prevention Drug Index](#)

[CDC Alcohol Use and Your Health](#)

[National Institute on Drug Use Research Topics](#)

Support

University, state, and national resources are available for employees and students dealing with substance abuse.

University Resources

Employees

- [Life & Work Connections Employee Assistance Counseling](#) provides free, confidential short-term counseling to all benefits-eligible employees, their dependents, and members of their households through ComPsych.
- [State and University health plans](#) cover rehabilitation services for substance use disorders. Employees can speak with a primary care physician or their [health carrier's member services department](#) to learn more.

Students

- [Campus Health](#) provides various resources for students seeking support:
 - [& You Workshops](#) (Alcohol & You, Cannabis & You, Substance Use & You) are workshops that provide guidance, education, resources, and support in a nonjudgmental, collaborative peer environment for students to gain practical

harm-reduction skills and a deeper understanding of how substance use affects health, relationships, and academics.

- [Alcohol 1:1 Chats](#) are 60-minute sessions offered by Campus Health that students can schedule with a health educator to discuss their alcohol use and learn tips and strategies for safer drinking.
- [Counseling & Psych Services \(CAPS\) Counseling](#) provides mental health counseling, and short-term and goal-focused outpatient treatment for students with substance-related concerns. [Services](#) range from self-help tools and AA meetings to individual counseling, psychiatry, and referrals for off-campus support.
- [Peer Counseling](#) is a peer-to-peer program that offers Psychological First Aid (PFA) to students in a confidential and safe environment, as part of a group or a one-on-one session. This is not psychological treatment but rather a brief, supportive intervention to help students connect and share tools to cope with stress.
- Additional educational resources, such as screenings, prevention programs, and presentations, for students are available on the [Safe and Drug Free Campus website](#).

[The Disability Resource Center](#) works with employees and students who need to request reasonable accommodations.

Arizona Resources

[Arizona Alcoholics Anonymous Meetings](#)

[Arizona National Rehab Hotline](#)

[Arizona Region of Narcotics Anonymous](#)

National Resources

[Alcoholics Anonymous](#)

[American Addiction Centers](#)

[Cocaine Anonymous](#)

[Marijuana Anonymous](#)

[Narcotics Anonymous](#)

[National Drug Helpline](#)

[Native American Indian General Services Office of Alcoholics Anonymous \(NAIGSO-AA\)](#)

[Partnership to End Addiction](#)

[Substance Abuse and Mental Health Services Administration \(SAMHSA\) National Helpline](#)

[Self Management and Recovery Training \(SMART\)](#)